

IT'S GOOD TO KNOW

# CARE MANAGEMENT RESOURCE GUIDE



**SARATOGA HOSPITAL**

people you trust. care you deserve.

# DIRECTORY OF ASSISTANCE

The Care Management Department is dedicated to the mission, vision and core values of Saratoga Hospital. This roster of service agencies in Saratoga County and beyond is offered as a directory of assistance available in our community and surrounding areas. These organizations can aid in meeting patient needs, respond to inquiries, or provide

guidance. Saratoga Hospital neither endorses these providers nor assumes responsibility for services or care rendered by them. If you have any concerns about your post-hospital needs, please discuss them with your care management representative, or contact 518-583-8473. Additional information is available at [SaratogaHospital.org](http://SaratogaHospital.org).

## Acute Inpatient Rehab Facilities (IRF)

Quality and resources data available at:  
[www.medicare.gov/inpatientrehabilitationfacilitycompare/](http://www.medicare.gov/inpatientrehabilitationfacilitycompare/)

Albany Medical Center, Albany . . . . . 518-262-5633  
St. Mary's, Amsterdam . . . . . 518-841-3584  
Sunnyview, Schenectady . . . . . 518-382-4500

## Adult Day Care Programs

The Eddy (Daybreak), Rensselaer . . . . . 518-436-4302  
Schuyler Ridge, Clifton Park . . . . . 518-371-1400  
The Terrace at The Glen at Highland Meadows,  
Queensbury . . . . . 518-832-7864  
Washington Center, Argyle . . . . . 518-638-8274

## Adult Homes, Independent or Assisted Living Facilities

Argyle Center for Independent Living . . . . . 518-638-8274  
Brookdale:  
Colonie Manor . . . . . 518-783-8695  
East Niskayuna (Memory Care) . . . . . 518-847-9563  
Niskayuna (Enhanced) . . . . . 518-346-6935  
Queensbury . . . . . 518-793-5556  
Cook Adult Home . . . . . 518-664-8014  
Embury Apartments . . . . . 518-587-3300  
The Glen at Highland Meadows . . . . . 518-832-7800  
Home of the Good Shepherd:  
Malta (Memory Care) . . . . . 518-581-2800  
Moreau . . . . . 518-792-1000  
390 Church, Saratoga (Memory Care) . . . . . 518-584-3317  
400 Church, Saratoga . . . . . 518-450-7360  
Wilton . . . . . 518-580-0702  
The Landing of Queensbury . . . . . 518-793-5556  
Peregrine Sr. Living, Clifton Park . . . . . 518-371-2200  
Pine Manor . . . . . 518-885-8585  
Prestwick Chase . . . . . 518-584-7766  
Sun Haven Manor . . . . . 518-885-6514  
Woodlawn Commons . . . . . 518-587-4100

Adult Protective Services (APS) . . . . . 518-884-4159

## Alliance for Positive Health

(AIDS Council of NENY) . . . . . 518-434-4686

## Alcohol and Substance Abuse Services

Addiction Medicine Program . . . . . 518-886-5600  
Saratoga Community Health Center  
Conifer Park . . . . . 518-793-7273  
Healing Springs . . . . . 518-306-3048  
New Choices Recovery Center . . . . . 518-579-9233  
Saratoga County . . . . . 518-587-8800  
(SPARC) Saratoga . . . . . 518-885-6884

Alzheimer's Association of Northeastern NY . . . . . 518-867-4999

American Association for the Blind . . . . . 518-463-1211

American Cancer Society . . . . . 800-227-2345  
*Transportation, education sessions, reach for recovery, and other community resources*

American Diabetes Association, Albany . . . . . 518-218-1755  
Outpatient nutrition and diabetes education . . . . . 518-580-2481

American Red Cross . . . . . 518-792-6545  
*Blood supply services, telecare, friendly visitor program*

Backstretch Employee Service Team (BEST) . . . . . 518-587-3720

Bereavement Counseling (Hospice) . . . . . 518-581-0800

Birthright (formula, clothing) . . . . . 1-800-550-4900  
Local . . . . . 518-885-4117

Cancer Services Program . . . . . 518-580-2132  
*No cost breast, cervical, colorectal, and prostate screening and education for the uninsured*

## Cardiac Rehabilitation

6 Care Lane, 2nd Floor, Saratoga Springs . . . . . 518-583-8383

## Catholic Charities of Saratoga/Warren/Washington

Counties . . . . . 518-587-5000  
*Counseling, advocacy, information and referral*

Center For Problem Gambling . . . . . 518-462-6531 (ext. 138)

## Certified Home Health Agencies (CHHA)

*Nursing services, physical, occupational and speech therapy, nutritional, and social work services.*

Quality and resources data available at:  
[www.medicare.gov/homehealthcompare/search.html](http://www.medicare.gov/homehealthcompare/search.html)

Albany Visiting Nurses . . . . . 518-489-2681  
Fax . . . . . 518-458-2630  
Columbia County Dept. of Health . . . . . 518-828-3358  
Fax . . . . . 518-671-6737  
Community Health Center . . . . . 518-762-8215  
Fax . . . . . 518-708-6260  
Eddy Visiting Nurse Association . . . . . 518-274-6200  
Fax . . . . . 518-274-6927  
Essex County Public Health . . . . . 518-873-3500  
Fax . . . . . 518-873-3811  
Fort Hudson Visiting Nurse Assoc. . . . . 518-747-8456  
Fax . . . . . 518-681-3071

HCR Home Care	518-636-5726	Food Stamps (SNAP)	518-884-4155
Fax	518-636-5727	Four Winds Hospital	518-584-3600
Kindred at Home ( <i>formerly Gentiva</i> )	1-800-280-8202	Health Insurance Navigation Program	518-580-2021 1-888-242-1418
Fax	1-888-999-4558	Health and Fitness Gym	
Living Resources	518-867-8800	6 Care Lane, 2nd Floor, Saratoga	518-583-8383
Fax	518-867-8712	HealthSource ( <i>find a physician</i> )	518-580-2450
Visiting Nurse Service of NENY	518-382-8050	Hearing Loss Association of America, Albany	518-488-8268
Fax	518-377-1089	Home delivered meals – new orders	518-363-4020
Warren County Health Services	518-761-6415	<i>Home delivery to those over age 60</i>	
Fax	518-761-6562	Hospice, Saratoga	518-581-0800
Washington County Public Health	518-746-2400	<i>Supportive care for families and friends of terminally ill patients</i>	
Fax	518-746-2410	Infusion Services	
<b>Child Protective Services (CPS)</b>	518-884-4152	Anthem	518-690-1060
Child Abuse State Hotline	1-800-342-3720	Apria Health Care	518-452-4951
<b>Coumadin Clinic</b>	518-587-0143	Briova	518-218-1772
<i>Saratoga Cardiology Associates, Care Lane, Saratoga Springs</i>		Coram Health Care	518-689-2900
<b>Dental Clinic</b>		Empire Home Infusion	518-899-8103
Ellis Hospital ( <i>takes straight Medicaid</i> )	518-382-2270	Saratoga Hospital Outpatient Infusion Center, Malta	518-886-5406
Saratoga Community Health Center	518-886-5600	Upstate Infusion Center	518-407-2316
<b>Department of Social Services (DSS)</b>		Inpatient Transition Program	518-886-5060
Albany County DSS	518-447-7300	Legal Aid Society	518-587-5188
Fulton County DSS	518-736-5600	Licensed Home Health Agencies	
Saratoga County DSS ( <i>Medicaid</i> )	518-884-4148	<i>Private pay and other support services</i>	
Schenectady County DSS	518-388-4400	<i>Quality and resources data available at:</i>	
Warren County DSS	518-761-6300	<a href="http://www.medicare.gov/homehealthcompare/search.html">www.medicare.gov/homehealthcompare/search.html</a>	
Washington County DSS	518-746-2300	Adept Health Care Services	518-271-1055
<b>Dialysis Centers</b>		All Metro	518-426-0283
Dialysis Clinic Inc. (DCI):		Attentive Care	518-438-6271
Clifton Park	518-831-6700	Concepts of Health Care	518-885-2020
Saratoga	518-587-1919	Greater Adirondack Home Aides	518-926-7070
Troy	518-271-0702	Home Helpers and Direct Link	518-584-5885
Frensenius Kidney Care, Saratoga	518-584-1807	Home Instead Senior Care	518-580-1042
Renal Dialysis Center, Glen Falls	518-252-0008	Home Health Care Partners	518-842-6718
<b>Domestic Violence Referrals</b>		Interim Health Care	518-798-6811
Emergency HOTLINE	518-584-8188	Living Resources	518-867-8767
Wellspring	518-583-0280	Nurse Core	518-438-3900
<b>Durable Medical Equipment Companies</b>		Senior Solutions	518-584-1200
<i>Provide oxygen setups, hospital beds, commodes, walkers, etc. for home use.</i>		Visiting Angels	518-389-2999
Apria Health Care	518-452-4951	<b>Medic Alert</b>	1-800-432-5378
Buram ( <i>ostomy supplies</i> )	1-800-308-9445	Medicaid Transportation	1-855-852-3292
Edge Park ( <i>ostomy supplies</i> )	1-800-321-0591	Mollie Wilmot Radiation/Oncology Center	518-580-2800
Hometown Healthcare	518-328-0075	New York Connects	800-342-9871
Lincare:		<i>This program connects people to the information, assistance and services in the community.</i>	
Queensbury	518-812-0200	Local	518-714-4826
Johnstown	518-773-4086	Northeast Association for the Blind	518-463-1211
Latham	518-782-7770	Office for the Aging	518-884-4100
Medical Service Co.	518-664-6654	<i>ELISIP—Expanded in-home services for the elderly, and senior citizens housing (income based)</i>	
Northeast Home Medical	518-271-9600		
O2 Solutions	518-373-0202		
PA Medical Supply	518-745-0995		
Prime Care	518-456-6192		
<b>Economic Opportunity Council</b>	518-288-3206		
<b>Elderly Pharmaceutical Insurance Coverage (EPIC)</b>			
New York State Pharmaceutical Insurance Coverage	1-800-332-3742		

## Pharmacies (Local)

### CVS Pharmacy

Congress Street, Saratoga (24 hrs.) . . . . . 518-587-3098  
Target Store, Wilton . . . . . 518-226-0578  
Wilton . . . . . 518-584-4021

### Hannaford Pharmacy

Milton . . . . . 518-885-4672  
Wilton, Weibel Avenue . . . . . 518-587-0681

### O'Briens Pharmacy

Ballston Spa . . . . . 518-885-7330

### Price Chopper/Market 32 Pharmacy

Malta . . . . . 518-899-6063  
Wilton, Route 50 . . . . . 518-583-3697

### Rite Aid

Ballston Avenue . . . . . 518-587-3050  
Wilton, Route 50 . . . . . 518-587-2202

### Stones Pharmacy

Lake Luzerne . . . . . 518-696-3214

### Walgreens

Saratoga, West Avenue . . . . . 518-587-0721  
Wilton, Route 50 . . . . . 518-580-8850

### Walmart

Wilton, Route 50 . . . . . 518-581-9195

Phillips Lifeline . . . . . 1-800-635-6156

## Primary Care Centers – Saratoga Hospital Medical Group

Galway . . . . . 518-882-6955  
Mechanicville . . . . . 518-580-2099  
Milton . . . . . 518-289-2720  
Schuylerville . . . . . 518-695-3668  
Scotia-Glenville . . . . . 518-399-7723  
Wilton, 3044 Route 50 . . . . . 518-886-5800  
Wilton, 3050 Route 50 . . . . . 518-886-5112

Pulmonary Rehab 6 Care Lane, 2nd Floor . . . . . 518-583-8383

Quality and resources data available at: [www.medicare.gov](http://www.medicare.gov)

Rape Crisis Hotline . . . . . 518-587-2336

Reach for Recovery . . . . . 1-800-227-2345

Regional Therapy Center of Saratoga Hospital . . . . . 518-583-8383

*Physical, occupational and speech therapy. Care Lane, Malta, Milton, The Springs on Weibel Avenue, and Washington Street.*

## Respite Care

*Temporary relief for caregivers of the elderly or chronically ill.*

*Quality and resources data available at:*

*[www.medicare.gov/nursinghomecompare/search.html](http://www.medicare.gov/nursinghomecompare/search.html)*

Beacon Pointe Memory Care . . . . . 518-371-2200  
Brookdale at Colonie Manor . . . . . 518-783-8695  
Community Work + Independence (CWI) . . . . . 518-793-4700  
Heritage House . . . . . 518-274-4125  
Terrace at the Glen Hiland Meadows . . . . . 518-832-7864  
Veteran's Administration Medical Center . . . . . 518-626-6029

Saratoga Center for the Family . . . . . 518-587-8008

*Counseling services for children, parents, teens and families.*

## Saratoga Community Health Center

*Addiction Medicine, Behavioral and Mental Health, Dentistry, Nutrition Services and Primary Care*

24 Hamilton Street, Saratoga Springs . . . . . 518-886-5600

Saratoga County Mental Health Center . . . . . 518-584-9030

Saratoga Hospital Patient Financial Assistance . . . . . 518-583-8343

Saratoga Senior Center (Community Connections) . . . . . 518-584-1621

## Shelters

Capital City Rescue Mission . . . . . 518-462-0459  
Joseph's House & Shelter, Troy . . . . . 518-272-2544  
Schenectady Mission . . . . . 518-346-2275  
Shelters of Saratoga . . . . . 518-581-1097  
Sister Mavis Jewell Medical Shelter . . . . . 518-268-5070

## Skilled Nursing Facilities (SNF), Saratoga County

*SNF listings for 50 mile radius available from Care Management*

*Quality and resources data available at:*

*[www.medicare.gov/nursinghomecompare/search.html](http://www.medicare.gov/nursinghomecompare/search.html)*

Saratoga Center for Nursing and Rehabilitation . . . . . 518-885-2288  
Schuyler Ridge . . . . . 518-371-1400  
Wesley Health Care . . . . . 518-587-3600

## Southern Adirondack Independent Living Center (SAIL)

Ballston Spa . . . . . 518-584-8202  
Queensbury . . . . . 518-792-3537

## Transportation

A+ Meditrans . . . . . 518-433-7433  
Amazing Grace . . . . . 518-250-4664  
Capital District Medical Transport . . . . . 518-433-1600  
Capital Land Tender Care – Wheelchair Van . . . . . 518-438-8080  
Empire Ambulance . . . . . 518-272-1885  
Empire Wheelchair Van . . . . . 518-371-2888  
Fare . . . . . 518-419-7500  
Mohawk Ambulance – Wheelchair Van . . . . . 518-374-5190  
Safe Care Mobility . . . . . 518-462-5923  
Saratoga Capitaland Taxi . . . . . 518-583-3131  
Saratoga Taxi . . . . . 518-584-3666 or 518-584-2700  
Wellness Express Transportation . . . . . 518-399-4624  
Wheelchair Transit Connection . . . . . 518-761-0019  
Wheeler's Accessible Van . . . . . 518-456-6351

Treasures (Saratoga Hospital's Thrift Shop) . . . . . 518-580-4200

United Way-Northeast Region . . . . . 211

*Call for free, confidential information on resources such as housing, food, childcare, financial problems, etc.*

## Urgent Care (Urgent Care and other services)

Clifton Park Outpatient Clinic . . . . . 518-383-8506  
Glens Falls Outpatient Clinic . . . . . 518-798-6066  
Malta Med Emergent Care . . . . . 518-580-2626  
Saratoga Hospital Urgent Care:  
Adirondack, Queensbury . . . . . 518-223-0155  
Wilton, 3040 Route 50 . . . . . 518-580-2273  
Veterans Service Agency (Saratoga County) . . . . . 518-884-4115

WIC (Women, infants and children) . . . . . 518-288-3232

*Nutritional program for women, infants and children to Age 5. Based on income eligibility.*

## Wound Healing

Glens Falls Hospital . . . . . 518-926-1500  
Saratoga Hospital Medical Group –  
Wound Healing, Malta . . . . . 518-886-7568

# IT'S GOOD TO KNOW MEETING YOUR NEEDS

The Care Management team is comprised of nurses and social workers that work closely with your physician, nurse and the interdisciplinary team. They coordinate patient care needs, prepare you for a safe discharge, and make referrals to community resources based on patient choice as needed for your goals, treatment preferences and post hospital services.

The Care Management representative will assist patients or the patient's representative in selecting a post-acute provider by using quality measures and data on resource measures such as the Medicare Five-Star Quality Rating System.

Every patient at Saratoga Hospital will have a discharge plan. Discharge planning begins early and patients/caregivers are encouraged to be active participants in their plan. If your stay is scheduled ahead of time, the planning may start before you arrive. If your hospital stay is not planned ahead, planning for discharge will start soon after you arrive.

In general, if your care and treatments have been concluded, you can expect that your discharge time will be 11:00 a.m. Please confirm your discharge time with your nurse or doctor and arrange your ride in advance. We will make every effort to have everything ready for your planned discharge time.



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An affiliate of  ALBANY MED