



PHYSICAL THERAPY

JOSEPH BATTISTE, PT, MSPT, COMT

MANAGER/RTC, PERFORMANCE IMPROVEMENT & SAFETY

Master's Degree:

Nazareth College, Physical Therapy

Certifications:

[Certified Orthopedic Manual Therapist – Maitland Approach](#)

Specializations:

Joe has 12 years of experience. He specializes in joint mobilizations and manipulations for conditions of the spine and extremities. He uses [manual techniques](#) in conjunction with specific exercises to restore function. He also has advanced coursework in sport specific training of athletes.

NICHOLAS BROCKWAY, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

University of Miami, Physical Therapy

Specializations:

Nick has three years of experience specializing in orthopedics, sports medicine, and neurologic physical therapy using land and aquatic physical therapy to treat patients.

CHERYL CAIMANO, PT

SENIOR PHYSICAL THERAPIST

Bachelor's degree:

Daemen College, Physical Therapy

Specializations:

Cheryl has over 25 years of experience. Specialties include rehabilitation following joint replacement surgeries, balance dysfunctions, and geriatric acute care. She also specializes in [rehabilitation for breast cancer](#) patients in acute care and postoperatively in outpatients.

SUSANNE CLARK, PT

SENIOR PHYSICAL THERAPIST ASSISTANT

Associate's degree:

Maria College, Physical Therapist Assistant

Specializations:

Susanne has over 23 years of experience. Her specialty interests include [orthopedic and sports injury rehabilitation](#).

MAUREEN CORMIER, PT

MANAGER/RTC, OUTPATIENT SERVICES

Bachelor's degree:

Russell Sage College, Physical Therapy

Specializations:

Maureen's 35+ years of experience in [complex orthopedic and sports injuries](#) of high school, college, professional and [Olympic](#) athletes, earning placement on medical support team at the 2002, 2006 and 2010 Olympic trials, 2013, 2014 Jr World Cups & 2002 Olympics in Salt Lake City, Utah. PT medical support Boston Marathon Medical Tent.

SHARON CUDAHY, PT

CLINICAL REHAB SPECIALIST – PT

Bachelor's degree:

Daemen College, Physical Therapy

Specializations:

Sharon offers 39 years of experience specializing in orthopedic and neurological [aquatic physical therapy](#) and she began the first aquatic physical therapy program in Saratoga County in 1987. Sharon is a LIVESTRONG trainer and an aquatic instructor of specialized programs for the YMCA of Saratoga.

BRIGID DAKE, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate degree:

Nazareth College, Physical Therapy

Specializations:

Brigid has seven years experience [specializing in balance, vestibular disorders \(including BPPV\) and concussions](#). Brigid also has experience with adult and geriatric acute care rehabilitation and outpatient orthopedics.

ALYSON DALTON, PT, DPT

SR. PHYSICAL THERAPIST

Doctorate degree:

SUNY Upstate Medical University, Physical Therapy

Specializations:

Alyson has 4 years of specialized experience in [male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes as well as, abdominal pain and digestive symptoms](#).

KAREN DONWORTH, PTA

SENIOR PHYSICAL THERAPIST ASSISTANT

Associate's degree:

Maria College, Physical Therapist Assistant

Specializations:

Karen offers over 30 years of experience in acute and sub-acute rehabilitation, [aquatic physical therapy](#), geriatrics and outpatient care.

KAILEY EGBERT, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

Sage Graduate School, Physical Therapy

Certifications:

[Graston Technique](#) Preferred Provider

Specializations:

Kailey has seven years of experience in [sports medicine](#) and orthopedics. She is certified in the [Graston Technique](#) instrument-assisted soft tissue mobilization. She also is the assistant coach and physical therapist for The College of Saint Rose women's [Soccer](#) program.

GABRIELLA FRITTELLI, PT, MSPT

SENIOR PHYSICAL THERAPIST

Master's degree:

Simon's Graduate School for Health Professionals, Physical Therapy

Specializations:

Gabriella's more than 20 years of experience includes outpatient orthopedics with emphasis on [manual and exercise techniques](#) to optimize performance and reduce risk of repetitive injuries. She also is a violinist and offers expertise in [Alexander technique for string musicians](#).

PAULA HILL, PT, MSPT, CERT. MDT

CLINICAL REHAB SPECIALIST – PT

Master's degree:

Beaver College, Physical Therapy

Certification:

[McKenzie Method](#) of Mechanical Diagnosis and Therapy

Specializations:

Paula has more than 21 years of experience in the rehabilitation of [orthopedic and spine problems](#), including osteoporosis. She also specializes in functional capacity evaluations and work hardening.

MELISSA JACKSON, PT

SR. PHYSICAL THERAPIST

Bachelor's Degree:

Quinnipiac College, Physical Therapy

Specializations:

Melissa has over 23 years of experience in outpatient geriatric, orthopedic and neurological physical therapy. She is also trained in LSVT Big for patients with Parkinson's Disease and lymphedema.

CATHERN LADUKE, PT, DPT

PHYSICAL THERAPIST

Doctorate Degree:

Sage Graduate School, Physical Therapy

Specializations:

Cate specializes in manual therapy techniques for the treatment of neurological, orthopedic post-surgical and myofascial pain.

JASON LAMBERT, PT, DPT

SENIOR PHYSICAL THERAPIST, TEAM LEADER, 6 CARE LANE

Master's Degree:

SUNY Stony Brook, Physical Therapy

Doctorate Degree:

Stony Brook University School of Health Technology & Management, Physical Therapy

Specializations:

Jason has 20 years of experience in the rehabilitation field and over ten years of experience as a Physical Therapist and Rehabilitation Director in the inpatient rehabilitation, outpatient orthopedic, and skilled nursing facility fields. Jason also has experience working with [temporomandibular joint disorder](#).

JILLIAN LIMA, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

The Sage Colleges, Doctor of Physical Therapy Program

Specializations:

Jillian has five years of experience in outpatient orthopedic and sub-acute rehabilitation. She specializes in [male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes](#).

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PHYSICAL THERAPY (CONTINUED)

JOSHUA M. LYONS, PTA

PHYSICAL THERAPIST ASSISTANT

Associate's degree: Herkimer County Community College, PT Assistant
Specializations:

Josh has experience working in the school setting with children with disabilities. He provides pre-habilitation for patients preparing for joint replacements.

DOMINICK MARCHESIELLO, PT, DPT, MHA

CLINICAL REHAB SPECIALIST – PT

Doctorate degree:

Sage Graduate School, Physical Therapy

Master's degree:

Northeastern University, Physical Therapy

Sage Graduate School, Health Services Administration

Specializations:

Dominick has 13+ years experience specializing in **sports and orthopedic injuries and conditions**. He specializes in outpatient orthopedics, **shoulder injuries**, and **custom foot orthotics** evaluation and fitting.

STEFANIE MCKINNEY, PT, DPT, MHA

MANGER/RTC, PROGRAM DEVELOPMENT & STUDENTS

Doctorate degree:

Utica College, Physical Therapy

Master's degree:

Utica College, Physical Therapy

Sage Graduate School, Health Services Administration

Specializations:

Stefanie has 14+ years of experience and she specializes in adult and geriatric acute care rehabilitation.

ANN MARIE MOSKAL, PT, MSPT, CERT. MDT

CLINICAL REHAB SPECIALIST – PT, CLINIC LEADER, MILTON

Master's degree:

SUNY Upstate Medical University, Physical Therapy

Certifications:

McKenzie Method of Mechanical Diagnosis and Therapy

Specializations:

Ann Marie has 13 years of outpatient orthopedics experience. She utilizes the **McKenzie approach** for mechanical diagnosis and treatment for the spine and extremities.

KIMBERLY PALERMO, PT, DPT

PHYSICAL THERAPIST

Doctorate degree:

Massachusetts General Hospital Institute of Health Professions

Specializations:

Kim has 3 years experience in outpatient physical therapy specializing in **spinal cord injuries, amputees, orthopedic rehab and aquatic PT**.

LINDA PAULSEN, PT, MSPT

SENIOR PHYSICAL THERAPIST

Master's Degree:

Washington University School of Medicine in St. Louis, Physical Therapy

Specializations:

Linda has 17 years of experience in a variety of inpatient and outpatient settings. She specializes in **male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes**.

GERALDINE PFEIFFER, PT, DPT, CLT-LANA

CLINICAL REHAB SPECIALIST – PT DOCTORATE DEGREE

Upstate Medical University, Doctor of Physical Therapy

Specialty Certification:

Dr. Vodder School of North America: Manual Lymph Drainage and Complete Decongestive Therapy

Lymphology Association of North America (LANA): Certified Lymphedema Therapist

Specializations:

Geraldine has over 35 years of experience in a variety of treatment and industrial settings, primarily focusing on **outpatient orthopedic and lymphedema** conditions.

THOMAS QUIGLEY, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

University of Connecticut, Physical Therapy

Specializations:

Tom specializes in orthopedics, sports rehabilitation, spine/McKenzie method, as well as, high level neuro rehab, **vestibular rehab for vertigo and concussions**. and manual therapies. **Expert in sports rehab for rowers**.

RANDY RUSSOM, PT

CLINICAL REHAB SPECIALIST/PT, INPATIENT TEAM LEADER

Bachelor's degree:

Daemen College, Physical Therapy

Specializations:

Randy's 20 years of experience includes adult and geriatric acute care, home-care and outpatient orthopedics/rehabilitation.

HARRY RUSSO, PTA

SENIOR PHYSICAL THERAPIST ASSISTANT

Associate's degree:

Maria College, Physical Therapist Assistant

Specializations:

Harry offers 14 years of experience in orthopedic and geriatric rehabilitation.

AJ (ALBERT) SMALL, PT, DPT

PHYSICAL THERAPIST

Doctorate degree:

Nazareth College of Rochester, Physical Therapy

Specializations:

AJ has two years experience in outpatient orthopedic and spine PT.

HEATHER TARKOS, PT, LMT, CERT. MDT

MANGER/RTC, CLINICAL STAFFING & STAFF DEVELOPMENT

Bachelor's degree:

SUNY Buffalo, Physical Therapy

Massage Therapy Certificate:

Hudson Valley School of Massage, Massage Therapy

Certification:

McKenzie Method of Mechanical Diagnosis and Therapy

Specializations:

Heather has over 21 years of experience in outpatient **orthopedic and spine rehabilitation**. She utilizes manual joint mobilization techniques and a mechanical and exercise approach to the treatment of joint pain and injuries.

JUDITH WETTIG, PT, MSPT

SENIOR PHYSICAL THERAPIST

Master's Degree:

D'Youville College

Specializations:

Judy has over 16 years of rehab experience **acute care** and **geriatric** rehabilitation. Her experience includes Traumatic brain Injury, stroke rehab, and orthopedic rehabilitation.

ALLEN WILLIAMS, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

Utica College, Doctor of Physical Therapy Program

Certifications:

LSVT Big™ Parkinson's Treatment Program

Specializations:

Allen has four years of orthopedic outpatient, sports medicine rehabilitation and aquatic physical therapy experience. He has advanced education in sports specific training and has worked with numerous athletes from grade school to the professional level. He also specializes in treating people living with Parkinson's Disease, and **vestibular rehab for vertigo and concussions**.

OCCUPATIONAL THERAPY

LAUREN DALBY, OTR/L, MSOT

OCCUPATIONAL THERAPIST

Master's degree

Sage Graduate School, Occupational Therapy

Specializations:

Lauren has experience in outpatient **pediatric habilitation**, as well as, acute and subacute inpatient rehab.

ERICA A. DESSINGUE, OTR/L, OTD

OCCUPATIONAL THERAPIST

Doctorate Degree:

CHATHAM UNIVERSITY, OCCUPATIONAL THERAPY

Master's Degree:

ITHACA COLLEGE, OCCUPATIONAL THERAPY

Bachelor's Degree:

ITHACA COLLEGE, OCCUPATIONAL SCIENCE

Specializations:

Erica offers 6 years experience in short term rehab and 4 years in acute care. Erica has interest in outpatient **pediatric habilitation**.

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OCCUPATIONAL THERAPY (CONTINUED)

KARA L. P. FUMAROLA, OTR/L, MSOT

SENIOR OCCUPATIONAL THERAPIST

Master's Degree:

Sage Graduate School, Occupational Therapy

Bachelor's Degrees:

Russell Sage College, Occupational Therapy
URI, BS in Human Science and Services

Specializations:

Kara offers 19 years of experience with experience in short term rehab, director of a rehab for 6 years, acute care, early intervention, home care, school based and [outpatient hand and upper extremity rehabilitation](#). She also provides OT for the "[Aging in Place Safely Program](#)" and provides [driving-related skills evaluations](#).

JACQUELINE HARRIS, OTR/L, CAPS

CLINICAL REHAB SPECIALIST, OT/HAND THERAPY

Bachelor's degree:

SUNY Buffalo, Occupational Therapy

Certifications:

[Certified Aging in Place Specialist \(CAPS\)](#)

Specializations: Jacqui offers 30+ years of experience in [hand therapy and upper extremity rehabilitation](#); including fabrication and fitting of orthotics for the hand. She is experienced in pediatric developmental program.. As a CAPS, she provides services for the "[Aging in Place Safely Program](#)" and provides [driving-related skills evaluations](#).

PEGGY A. LOUNSBURY, OTR/L, FAOTA

DIRECTOR, REGIONAL THERAPY CENTER

Bachelor's degree:

Utica College of Syracuse University, Occupational Therapy and Psychology

Specializations:

Peggy's 35+ years of experience in [hand rehabilitation, complex and work related injuries and conditions, ergonomic consultation, functional capacity evaluations and work hardening](#) has resulted in state and national recognition for her contributions to the profession. She has been the Director of the Regional Therapy Center since 1994.

STEPHANIE MILLER, COTA

SENIOR OCCUPATIONAL THERAPY ASSISTANT

Associate's degree:

Maria College, Occupational Therapist's Assistant

Specializations:

Stephanie has 14 years experience in acute care, geriatrics, orthopedic rehabilitation and homecare therapy.

BETH A. PURDY, OTR/L

SENIOR OCCUPATIONAL THERAPIST

Bachelor's degrees:

Utica college of Syracuse University, Occupational Therapy

Specializations:

Beth offers 22 years of experience in occupational therapy in a wide variety of treatment settings. She specializes in [hand and upper extremity rehabilitation and lymphedema management](#). Also provides OT for the "[Aging in Place Safely Program](#)" and provides [driving-related skills assessments](#).

MICHAEL TOWER, OT/L, MSOT, CHT

SENIOR OCCUPATIONAL THERAPIST

Master's degree:

Russell Sage College, Occupational Therapy

Certification:

HTCC - [Certified Hand Therapist](#)

Specializations:

Mike offers over 20 years of experience in [hand and upper extremity evaluation and treatment](#), including: post-operative management of reconstructive hand surgery, repetitive stress injuries, custom splinting. Michael also has years of experience of neurologic rehabilitation. Also provides OT for the "[Aging in Place Safely Program](#)" and provides [driving-related skills evaluations](#).

CARDIAC & PULMONARY REHAB

SUSAN ADAIR, RN

CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE

Associate's degree:

SUNY Morrisville, Morrisville, NY

Certifications:

ACLS and telemetry certified, Reiki Master

Specializations:

Susan has been a registered nurse for 43 years primarily in the area of critical care and [cardiopulmonary rehabilitation](#). She is also a Reiki Master.

LEAH BOWDEN, RN

CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE

Associate's degree:

Maria College, Registered Nurse

Certifications:

ACLS and telemetry certified

Specializations:

Leah has been a nurse for over two years specializing in cardiac and telemetry nursing, as well as, [cardiopulmonary rehabilitation](#).

MARIE SMALLMAN, RRT, CPFT

CARDIOPULMONARY REHAB SPECIALIST/RESPIRATORY THERAPIST

Associate's degree:

Hudson Valley Community College

Specializations:

Marie has 22 years experience in respiratory therapy, pulmonary function testing and [cardiopulmonary rehabilitation](#).

SPEECH-LANGUAGE PATHOLOGY

JACQUELYN H. DANEK, CCC-SLP, MS

SENIOR SPEECH-LANGUAGE PATHOLOGIST

Master's degree:

Towson Univeristy, Speech Language Pathology

Specializations:

Jackie has 8 years of experience in medical speeh pathology including: [adult swallowing disorders](#) (dysphagia), speech-language disorders, cognitive-linguistic impairments, and voice dysfunction. She is highly skilled in videofluoroscopic swallow studies. She has [special interest in degenerative diseases and end of life ethical feeding decisions](#). Jackie is also trained in pediatric populations specifically with feeding and swallowing deficits, as well as speech/language impairments.

JESSICA L. HIRLIMAN, CCC-SLP, MS

SENIOR SPEECH-LANGUAGE PATHOLOGIST

Master's degree:

Emerson College, Communication Sciences and Disorders, Speech-Language Pathology

Certifications:

[LSVT Loud™ Parkinson's Treatment Program](#)

Specializations:

Jessica has 9 years of experience in medical speech pathology including: [adult swallowing disorders](#) (dysphagia), speech/language disorders, cognitive-linguistic impairments, fluency disorders, and voice dysfunction. She is also skilled in videofluoroscopic swallow studies and has [specialized training with head and neck cancer](#) patients. She specializes in treating people living with [Parkinson's Disease](#). Jessica is also trained in the pediatric and NICU populations, specifically, with feeding and swallowing issues, as well as speech/language impairments.

PEGGY (MARGARET) MAZZA, CCC-SLP, MS

SENIOR SPEECH-LANGUAGE PATHOLOGIST

Master's degree:

Boston University, Sargent College, Speech Language Pathology

Specializations:

Peggy has over 9 years of experience in medical speeh pathology including: [adult swallowing disorders](#) (dysphagia), speech-language disorders, cognitive-linguistic impairments, and voice dysfunction. She is highly skilled in videofluoroscopic swallow studies. She is [certified in Vital Stim](#).

ATHLETIC TRAINING

LISA MUSCATELLO, ATC, PTA, CSCS

CERTIFIED ATHLETIC TRAINER & LICENSED PT ASSISTANT

Master's degree: Old Dominion University, Athletic Training**Associate's degree:** SUNY Canton, Physical Therapist Assistant**Specialty Certification:** [Certified Strength and Conditioning Specialist](#)**Specializations:**

Lisa has 21 years of experience in outpatient orthopedic and [sports-specific rehabilitation](#). She specializes in shoulder and knee rehabilitation. She provides [sport-specific performance enhancement and conditioning programs](#), and conditioning to assist non-athletes to become more active.

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