

IT'S GOOD TO KNOW

# CARE MANAGEMENT RESOURCE GUIDE



SARATOGA HOSPITAL

people you trust. care you deserve.

# DIRECTORY OF ASSISTANCE

The Care Management Department is dedicated to the mission, vision and core values of Saratoga Hospital. This roster of service agencies in Saratoga County and beyond is offered as a directory of assistance available in our community and surrounding areas. These organizations can aid in meeting patient needs, respond to inquiries, or provide

guidance. Saratoga Hospital neither endorses these providers nor assumes responsibility for services or care rendered by them. If you have any concerns about your post-hospital needs, please discuss them with your care management representative, or contact 518-583-8473. Additional information is available at [SaratogaHospital.org](http://SaratogaHospital.org).

## Acute Inpatient Rehab Facilities (IRF)

Quality and resources data available at:  
[www.medicare.gov/inpatientrehabilitationfacilitycompare/](http://www.medicare.gov/inpatientrehabilitationfacilitycompare/)

Albany Medical Center, Albany . . . . . 518-262-5633  
St. Mary's, Amsterdam . . . . . 518-841-3584  
Sunnyview, Schenectady . . . . . 518-382-4500

## Adult Day Care Programs

The Eddy (Daybreak), Rensselaer . . . . . 518-436-4302  
Schuyler Ridge, Clifton Park . . . . . 518-371-1400  
The Terrace at The Glen at Highland Meadows,  
Queensbury . . . . . 518-832-7864  
Washington Center, Argyle . . . . . 518-638-8274

## Adult Homes, Independent or Assisted Living Facilities

Argyle Center for Independent Living . . . . . 518-638-8274  
Brookdale:  
Colonie Manor . . . . . 518-783-8695  
East Niskayuna (Memory Care) . . . . . 518-847-9563  
Niskayuna (Enhanced) . . . . . 518-346-6935  
Queensbury . . . . . 518-793-5556  
Cook Adult Home . . . . . 518-664-8014  
Embury Apartments . . . . . 518-587-3300  
The Glen at Highland Meadows . . . . . 518-832-7800  
Home of the Good Shepherd:  
Malta (Memory Care) . . . . . 518-581-2800  
Moreau . . . . . 518-792-1000  
390 Church, Saratoga (Memory Care) . . . . . 518-584-3317  
400 Church, Saratoga . . . . . 518-450-7360  
Wilton . . . . . 518-580-0702  
The Landing of Queensbury . . . . . 518-793-5556  
Peregrine Sr. Living, Clifton Park . . . . . 518-371-2200  
Pine Manor . . . . . 518-885-8585  
Prestwick Chase . . . . . 518-584-7766  
Sun Haven Manor . . . . . 518-885-6514  
Woodlawn Commons . . . . . 518-587-4100

Adult Protective Services (APS) . . . . . 518-884-4159

## Alliance for Positive Health

(AIDS Council of NENY) . . . . . 518-434-4686

## Alcohol and Substance Abuse Services

Addiction Medicine Program . . . . . 518-886-5600  
Saratoga Community Health Center  
Conifer Park . . . . . 518-793-7273  
Healing Springs . . . . . 518-306-3048  
New Choices Recovery Center . . . . . 518-579-9233  
Saratoga County . . . . . 518-587-8800  
(SPARC) Saratoga . . . . . 518-885-6884

Alzheimer's Association of Northeastern NY . . . . . 518-867-4999

American Association for the Blind . . . . . 518-463-1211

American Cancer Society . . . . . 800-227-2345  
*Transportation, education sessions, reach for recovery, and other community resources*

American Diabetes Association, Albany . . . . . 518-218-1755

American Red Cross . . . . . 518-792-6545  
*Blood supply services, telecare, friendly visitor program*

Backstretch Employee Service Team (BEST) . . . . . 518-587-3720

Bereavement Counseling (Hospice) . . . . . 518-581-0800

Birthright (formula, clothing) . . . . . 1-800-550-4900  
Local . . . . . 518-885-4117

Cancer Services Program . . . . . 518-580-2824  
*No cost breast, cervical, colorectal, and prostate screening and education for the uninsured*

## Cardiac Rehabilitation

6 Care Lane, 2nd Floor, Saratoga Springs . . . . . 518-583-8383

## Catholic Charities of Saratoga/Warren/Washington

Counties . . . . . 518-587-5000  
*Counseling, advocacy, information and referral*

Center For Problem Gambling . . . . . 518-462-6531 (ext. 138)

## Certified Home Health Agencies (CHHA)

*Nursing services, physical, occupational and speech therapy, nutritional, and social work services.*

Quality and resources data available at:  
[www.medicare.gov/homehealthcompare/search.html](http://www.medicare.gov/homehealthcompare/search.html)

Albany Visiting Nurses . . . . . 518-489-2681  
Fax . . . . . 518-458-2630  
Columbia County Dept. of Health . . . . . 518-828-3358  
Fax . . . . . 518-671-6737  
Community Health Center . . . . . 518-762-8215  
Fax . . . . . 518-708-6260  
Eddy Visiting Nurse Association . . . . . 518-274-6200  
Fax . . . . . 518-274-6927  
Essex County Public Health . . . . . 518-873-3500  
Fax . . . . . 518-873-3811  
Fort Hudson Visiting Nurse Assoc. . . . . 518-747-8456  
Fax . . . . . 518-681-3071

HCR Home Care	518-636-5726	Food Stamps (SNAP)	518-884-4155
Fax	518-636-5727	Four Winds Hospital	518-584-3600
Kindred at Home ( <i>formerly Gentiva</i> )	1-800-280-8202	Health Insurance Navigation Program	518-580-2021 1-888-242-1418
Fax	1-888-999-4558	Health and Fitness Gym	
Living Resources	518-867-8800	6 Care Lane, 2nd Floor, Saratoga	518-583-8383
Fax	518-867-8712	HealthSource ( <i>find a physician</i> )	518-580-2450
Visiting Nurse Service of NENY	518-382-8050	Hearing Loss Association of America, Albany	518-488-8268
Fax	518-377-1089	Home delivered meals – new orders	518-363-4020
Warren County Health Services	518-761-6415	<i>Home delivery to those over age 60</i>	
Fax	518-761-6562	Hospice, Saratoga	518-581-0800
Washington County Public Health	518-746-2400	<i>Supportive care for families and friends of terminally ill patients</i>	
Fax	518-746-2410	Infusion Services	
<b>Child Protective Services (CPS)</b>	518-884-4152	Anthem	518-690-1060
Child Abuse State Hotline	1-800-342-3720	Apria Health Care	518-452-4951
<b>Coumadin Clinic</b>	518-587-0143	Briova	518-218-1772
<i>Saratoga Cardiology Associates, Care Lane, Saratoga Springs</i>		Coram Health Care	518-689-2900
<b>Dental Clinic</b>		Empire Home Infusion	518-899-8103
Ellis Hospital ( <i>takes straight Medicaid</i> )	518-382-2270	Saratoga Hospital Outpatient Infusion Center, Malta	518-886-5406
Saratoga Community Health Center	518-886-5600	Upstate Infusion Center	518-407-2316
<b>Department of Social Services (DSS)</b>		Inpatient Transition Program	518-886-5060
Albany County DSS	518-447-7300	Legal Aid Society	518-587-5188
Fulton County DSS	518-736-5600	Licensed Home Health Agencies	
Saratoga County DSS ( <i>Medicaid</i> )	518-884-4148	<i>Private pay and other support services</i>	
Schenectady County DSS	518-388-4400	Adept Health Care Services	518-271-1055
Warren County DSS	518-761-6300	All Metro	518-426-0283
Washington County DSS	518-746-2300	Attentive Care	518-438-6271
<b>Dialysis Centers</b>		Concepts of Health Care	518-885-2020
Dialysis Clinic Inc. (DCI):		Greater Adirondack Home Aides	518-926-7070
Clifton Park	518-831-6700	Home Instead Senior Care	518-580-1042
Saratoga	518-587-1919	Home Health Care Partners	518-842-6718
Troy	518-271-0702	Interim Health Care	518-798-6811
Frensenius Kidney Care, Saratoga	518-584-1807	Living Resources	518-867-8767
Renal Dialysis Center, Glen Falls	518-252-0008	Nurse Core	518-438-3900
<b>Domestic Violence Referrals</b>		Senior Solutions	518-584-1200
Emergency HOTLINE	518-584-8188	Visiting Angels	518-389-2999
Wellspring	518-583-0280	Medic Alert	1-800-432-5378
<b>Durable Medical Equipment Companies</b>		Medicaid Transportation	1-855-852-3292
<i>Provide oxygen setups, hospital beds, commodes, walkers, etc. for home use.</i>		Mollie Wilmot Radiation/Oncology Center	518-580-2800
Apria Health Care	518-452-4951	New York Connects	800-342-9871
Buram ( <i>ostomy supplies</i> )	1-800-308-9445	<i>This program connects people to the information, assistance and services in the community.</i>	
Edge Park ( <i>ostomy supplies</i> )	1-800-321-0591	Local	518-714-4826
Hometown Healthcare	518-328-0075	Northeast Association for the Blind	518-463-1211
Lincare:		Office for the Aging	518-884-4100
Queensbury	518-812-0200	<i>EISIP—Expanded in-home services for the elderly, and senior citizens housing (income based)</i>	
Johnstown	518-773-4086		
Latham	518-782-7770		
Medical Service Co.	518-664-6654		
Northeast Home Medical	518-271-9600		
O2 Solutions	518-373-0202		
PA Medical Supply	518-745-0995		
Prime Care	518-456-6192		
<b>Economic Opportunity Council</b>	518-288-3206		
<b>Elderly Pharmaceutical Insurance Coverage (EPIC)</b>			
New York State Pharmaceutical Insurance Coverage	1-800-332-3742		

## Pharmacies (Local)

### CVS Pharmacy

Congress Street, Saratoga (24 hrs.)	518-587-3098
Target Store, Wilton	518-226-0578
Wilton	518-584-4021

### Hannaford Pharmacy

Milton	518-885-4672
Wilton, Weibel Avenue	518-587-0681

### O'Briens Pharmacy

Ballston Spa	518-885-7330
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### Price Chopper/Market 32 Pharmacy

Malta	518-899-6063
Wilton, Route 50	518-583-3697

### Rite Aid

Ballston Avenue	518-587-3050
Wilton, Route 50	518-587-2202

### Stones Pharmacy

Lake Luzerne	518-696-3214
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### Walgreens

Saratoga, West Avenue	518-587-0721
Wilton, Route 50	518-580-8850

### Walmart

Wilton, Route 50	518-581-9195
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**Phillips Lifeline** ..... 1-800-635-6156

## Primary Care Centers – Saratoga Hospital Medical Group

Galway	518-882-6955
Mechanicville	518-580-2099
Milton	518-289-2720
Schuylerville	518-695-3668
Scotia-Glenville	518-399-7723
Wilton, 3044 Route 50	518-886-5800
Wilton, 3050 Route 50	518-886-5112

**Pulmonary Rehab** 6 Care Lane, 2nd Floor ..... 518-583-8383

**Quality and resources data available at:** [www.medicare.gov](http://www.medicare.gov)

**Rape Crisis Hotline** ..... 518-587-2336

**Reach for Recovery** ..... 1-800-227-2345

**Regional Therapy Center of Saratoga Hospital** ..... 518-583-8383

*Physical, occupational and speech therapy. Care Lane, Malta, Milton, The Springs on Weibel Avenue, and Washington Street.*

## Respite Care

*Temporary relief for caregivers of the elderly or chronically ill.*

*Quality and resources data available at:*

*[www.medicare.gov/nursinghomecompare/search.html](http://www.medicare.gov/nursinghomecompare/search.html)*

Beacon Pointe Memory Care	518-371-2200
Brookdale at Colonie Manor	518-783-8695
Community Work + Independence (CWI)	518-793-4700
Heritage House	518-274-4125
Terrace at the Glen Hiland Meadows	518-832-7864
Veteran's Administration Medical Center	518-626-6029

**Saratoga Center for the Family** ..... 518-587-8008

*Counseling services for children, parents, teens and families.*

## Saratoga Community Health Center

*Addiction Medicine, Behavioral and Mental Health, Dentistry, Nutrition Services and Primary Care*

24 Hamilton Street, Saratoga Springs ..... 518-886-5600

**Saratoga County Mental Health Center** ..... 518-584-9030

## Saratoga Hospital Outpatient Nutrition and

**Diabetes Education** ..... 518 886-5121

**Saratoga Hospital Patient Financial Assistance** ..... 518-583-8343

**Saratoga Senior Center (Community Connections)** . 518-584-1621

## Shelters

Capital City Rescue Mission	518-462-0459
Joseph's House & Shelter, Troy	518-272-2544
Schenectady Mission	518-346-2275
Shelters of Saratoga	518-581-1097
Sister Mavis Jewell Medical Shelter	518-268-5070

## Skilled Nursing Facilities (SNF), Saratoga County

*SNF listings for 50 mile radius available from Care Management*

*Quality and resources data available at:*

*[www.medicare.gov/nursinghomecompare/search.html](http://www.medicare.gov/nursinghomecompare/search.html)*

Saratoga Center for Nursing and Rehabilitation	518-885-2288
Schuyler Ridge	518-371-1400
Wesley Health Care	518-587-3600

## Southern Adirondack Independent Living Center (SAIL)

Ballston Spa	518-584-8202
Queensbury	518-792-3537

## Transportation

A+ Meditrans	518-433-7433
Amazing Grace	518-250-4664
Capital District Medical Transport	518-433-1600
Capital Land Tender Care – Wheelchair Van	518-438-8080
Empire Ambulance	518-272-1885
Empire Wheelchair Van	518-371-2888
Fare	518-419-7500
Mohawk Ambulance – Wheelchair Van	518-374-5190
Safe Care Mobility	518-462-5923
Saratoga Capitaland Taxi	518-583-3131
Saratoga Taxi	518-584-3666 or 518-584-2700
Wellness Express Transportation	518-399-4624
Wheelchair Transit Connection	518-761-0019
Wheeler's Accessible Van	518-456-6351

**Treasures (Saratoga Hospital's Thrift Shop)** ..... 518-580-4200

**United Way-Northeast Region** ..... 211

*Call for free, confidential information on resources such as housing, food, childcare, financial problems, etc.*

## Urgent Care (Urgent Care and other services)

Clifton Park Outpatient Clinic	518-383-8506
Glens Falls Outpatient Clinic	518-798-6066
Malta Med Emergent Care	518-580-2626
Saratoga Hospital Urgent Care:	
Adirondack, Queensbury	518-223-0155
Wilton, 3040 Route 50	518-580-2273
Veterans Service Agency (Saratoga County)	518-884-4115

**WIC (Women, infants and children)** ..... 518-288-3232

*Nutritional program for women, infants and children to Age 5.*

*Based on income eligibility.*

## Wound Healing

Glens Falls Hospital	518-926-1500
Saratoga Hospital Medical Group – Wound Healing, Malta	518-886-7568

# IT'S GOOD TO KNOW MEETING YOUR NEEDS

The Care Management team is comprised of nurses and social workers that work closely with your physician, nurse and the interdisciplinary team. They coordinate patient care needs, prepare you for a safe discharge, and make referrals to community resources based on patient choice as needed for your goals, treatment preferences and post hospital services.

The Care Management representative will assist patients or the patient's representative in selecting a post-acute provider by using quality measures and data on resource measures such as the Medicare Five-Star Quality Rating System.

Every patient at Saratoga Hospital will have a discharge plan. Discharge planning begins early and patients/caregivers are encouraged to be active participants in their plan. If your stay is scheduled ahead of time, the planning may start before you arrive. If your hospital stay is not planned ahead, planning for discharge will start soon after you arrive.

In general, if your care and treatments have been concluded, you can expect that your discharge time will be 11:00 a.m. Please confirm your discharge time with your nurse or doctor and arrange your ride in advance. We will make every effort to have everything ready for your planned discharge time.



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An affiliate of  ALBANY MED