PHYSICAL THERAPY

JOSEPH BATTISTE, PT, MSPT, COMT
MANAGER/RTC, PERFORMANCE IMPROVEMENT & SAFETY

Master’s Degree: Nazareth College, Physical Therapy
Certifications: Certified Orthopedic Manual Therapist – Maitland Approach
Specializations: Joe has 16 years of experience. He specializes in joint mobilizations and manipulations for conditions of the spine and extremities. He uses manual techniques in conjunction with specific exercises to restore function. He also has advanced coursework in sport specific training of athletes.

JAMES BARTON, PTA
PHYSICAL THERAPIST ASSISTANT
ASSOCIATE’S DEGREE: AMARILLO COLLEGE

Specializations: James has 24 years of experience in orthopedic and geriatric rehabilitation.

BEVERLY BENEFIT, PT, MSPT
SENIOR PHYSICAL THERAPIST
Masters Degree: Russell Sage College, Physical Therapy
Certifications: Graston Technique Preferred Provider Rock Tape Certified
Specializations: Beverly has over 15 years experience in outpatient therapy for all aspects of diagnoses to include orthopedic and sports medicine, post operative care, gait, aquatic therapy. Focus of manual therapy for myofascial pain and general tissue restrictions limiting movement using hands on methods to include the Graston Technique.

NICHOLAS BROCKWAY, PT, DPT
SENIOR PHYSICAL THERAPIST
Doctorate Degree: University of Miami, Physical Therapy
Certifications: Certified Lifeguard
Specializations: Nick has 6 years of experience in orthopedics and sports medicine. He specializes in aquatic physical therapy for orthopedic, sports medicine, and neurologic patients.

SARA BROWN, PT, DPT
SENIOR PHYSICAL THERAPIST
Doctorate Degree: Ithaca College
Certifications: LSVT Big™ Parkinson’s Treatment Program Certified Yoga Instructor
Specializations: Sara has had 3 years of experience in inpatient rehabilitation and long-term care, working with the geriatric patients and following joint surgeries and hospitalization in the subacute setting.

CHERYL CAIMANO, PT
SENIOR PHYSICAL THERAPIST
Bachelor’s degree: Daemen College, Physical Therapy
Specializations: Cheryl has over 30 years of experience. Specialties include rehabilitation following joint replacement surgeries, balance dysfunctions, and geriatric acute care. She also specializes in rehabilitation for breast cancer patients in acute care and postoperatively in outpatients.

SUSANNE CLARK, PTA
SENIOR PHYSICAL THERAPY ASSISTANT
Associate’s degree: Maria College, Physical Therapy Assistant
Specializations: Susanne has over 26 years of experience. Her specialty interests include orthopedic and sports injury rehabilitation. She also provides pre-habilitation program for pre-operative lower extremity total joint patients.

MAUREEN CORMIER, PT
MANAGER, RTC OUTPATIENT SERVICES
Bachelor’s degree: Russell Sage College, Physical Therapy
Specializations: Maureen’s 40+ years of experience in complex orthopedic and sports injuries of high school, college, professional and Olympic athletes, earning placement on medical support team at the 2002, 2006 and 2010 Olympic trials, 2013, 2014 Jr World Cups & 2002 Olympics in Salt Lake City, Utah. PT medical support Boston Marathon Medical Tent.

ALYSON DALTON, PT, DPT
SENIOR PHYSICAL THERAPIST
Doctorate degree: SUNY Upstate Medical University, Physical Therapy
Specializations: Alyson has 6 years of specialized experience in male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes as well as, abdominal pain and digestive symptoms. She is Titleist Performance Institute Certified, specializing in golf related injuries.

DEVIN A. DIZACOMO, PT, DPT
PHYSICAL THERAPIST
Doctorate Degree: Florida Gulf Coast University, Physical Therapy
Specializations: Devin has over 2 years of experience working in the inpatient rehabilitation, and outpatient settings. He is experienced in aquatic physical therapy, as well as, manual techniques.

KAREN DONWORTH, PTA
SENIOR PHYSICAL THERAPIST ASSISTANT
Associate’s degree: Maria College, Physical Therapy Assistant
Specializations: Karen offers over 30+ years of experience in acute and sub-acute rehabilitation, aquatic physical therapy, geriatrics and outpatient care.

KAILLEY EGGERT, PT, DPT
SENIOR PHYSICAL THERAPIST
Doctorate Degree: Sage Graduate School, Physical Therapy
Certifications: Graston Technique Preferred Provider Assistant Soccer Coach at College of St. Rose
Specializations: Kailley has 9 years of experience in sports medicine and orthopedics. She is certified in the Graston Technique instrument-assisted soft tissue mobilization. She also is the assistant coach and physical therapist for The College of Saint Rose women’s Soccer program.

KEVIN ESPERTI, PT, DPT
SENIOR PHYSICAL THERAPIST, TEAM LEADER, RTC MILTON
Doctorate Degree: Daemen College, Doctor of Physical Therapy Program
Certifications: Certified USA Baseball Coach
Specializations: Kevin has 6 years experience sports medicine rehabilitation with a specialty in the treatment of shoulder injuries in overhead athletes. He also is experienced in treating vertigo/vestibular disorders, aquatic physical therapy, industrial and office ergonomics, and cardiopulmonary, geriatric, orthopedic conditions.

GABRIELLA FRITTELLI, PT, MSPT
SENIOR PHYSICAL THERAPIST
Master’s degree: Simmon’s Graduate School for Health Professionals, Physical Therapy
Specializations: Gabriella’s more than 20 years of experience includes outpatient orthopedics with emphasis on manual and exercise techniques to optimize performance and reduce risk of repetitive injuries. She also is a violinist and offers expertise in Alexander technique for string musicians.

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PHYSICAL THERAPY (CONTINUED)

MARIA FUSCO, PT, DPT, OCS
SENIOR PHYSICAL THERAPIST
Doctorate Degree: D’Youville College, Physical Therapy
Certifications: SportsMetrics™ preferred provider
Specialized Areas: Selective Functional Movement Assessment
Specializations: Maria is a board certified orthopedic clinical specialist with experience in orthopedic outpatient injuries/post-surgery and post-op return to sports. She has an interest in orthopedic pediatric rehabilitation. She utilizes a combination of manual techniques and exercises to treat pain and injuries.

PAULA HILL, PT, MSPT, CERT. MDT
CLINICAL REHAB SPECIALIST – PT
Master’s degree: Beaver College, Physical Therapy
Certifications: McKenzie Method of Mechanical Diagnosis and Therapy
Specializations: Paula has over 20 years of experience in the rehabilitation of orthopedic and spine problems, including osteoporosis.

MELISSA JACKSON, PT, CLT-LANA
SR. PHYSICAL THERAPIST, TEAM LEADER, RTC SPRINGS
Bachelor’s Degree: Quinnipiac College, Physical Therapy
Certifications: ACOLS for Manual Lymph drainage and Complete Decongestive Therapy for Lymphedema
Specializations: Lymphology Association of North America (LANA): Certified Lymphedema Therapist
LSVT Big™ Parkinson’s Disease Treatment Program
Specializations: Melissa has over 25 years of experience in outpatient geriatric, orthopedic and neurological conditions as well as trained in treating lymphedema conditions and rehabilitation for breast cancer patients.

CATHERN LA DUKE, PT, DPT
PHYSICAL THERAPIST
Doctorate Degree: Sage Graduate School, Physical Therapy
Specializations: Cate specializes in manual therapy techniques for the treatment of neuro-orthopedic, post-surgical and myofascial pain.

JASON LAMBERT, PT, DPT
SENIOR PHYSICAL THERAPIST, TEAM LEADER, CARE LANE
Master’s Degree: SUNY Stony Brook, Physical Therapy
Doctorate Degree: Stony Brook University School of Health Technology & Management, Physical Therapy
Specializations: Jason has over 20 years of experience in the rehabilitation field and over ten years of experience as a Physical Therapist. He specializes in orthopedic rehabilitation. Jason also specializes in temporomandibular joint disorder.

JILLIAN LIMA, PT, DPT
SENIOR PHYSICAL THERAPIST
Doctorate Degree: The Sage Colleges, Doctor of Physical Therapy Program
Specializations: Jillian has eight years of experience. She specializes in male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes with particular interest in the pregnant and post-partum conditions.

JOSHUA M. LYONG, PTA
PHYSICAL THERAPY ASSISTANT
Associate’s degree: Herkimer County Community College, PT Assistant
Specializations: Josh has experience working in the school setting with children with disabilities. He provides pre-habilitation for patients preparing for joint replacements.

STEFANIE MCKINNEY, PT, DPT, MHA
MANAGER, RTC PROGRAM DEVELOPMENT & STUDENTS
Doctorate degree: Utica College, Physical Therapy
Master’s degree: Utica College, Physical Therapy
Certifications: Sage Graduate School, Health Services Administration
Specializations: Stefanie has 15+ years of experience as a pediatric and geriatric acute care rehabilitation. She specializes in wheelchair evaluations.

ANN MARIE MOSKAL, PT, MSPT, CERT. MDT
CLINICAL REHAB SPECIALIST – PT, CLINIC LEADER, MALTA
Master’s degree: SUNY Upstate Medical University, Physical Therapy
Certifications: McKenzie Method of Mechanical Diagnosis and Therapy
Specializations: Ann Marie has 15 years of outpatient orthopedics experience. She specializes in general orthopedics and in the McKenzie approach for mechanical diagnosis and treatment for the spine and extremities.

Kimberly Palermo, PT, DPT
PHYSICAL THERAPIST
Doctorate degree: Massachusetts General Hospital Institute of Health Professions
Specializations: Kim has 3 years experience specializing in lower extremity amputees, spinal cord injuries, strokes and other neurologic conditions. She also is experienced in orthopedic and aquatic PT.

LINDA PAULSEN, PT, MSPT
SENIOR PHYSICAL THERAPIST
Master’s Degree: Washington University School of Medicine in St. Louis, Physical Therapy
Specializations: Linda has 20 years of experience and specializes in male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes.

GERALDINE PFEIFFER, PT, DPT, CLT-LANA
CLINICAL REHAB SPECIALIST – PT
Upstate Medical University, Doctor of Physical Therapy
Specialty Certification: Dr. Vodder School of North America: Manual Lymph Drainage and Complete Decongestive Therapy
Specializations: Geraline has over 42 years of experience in a variety of treatment and industrial settings, primarily focusing on outpatient orthopedic and lymphedema conditions.

THOMAS QUIGLEY, PT, DPT
SENIOR PHYSICAL THERAPIST
Doctorate Degree: University of Connecticut, Physical Therapy

RANDY RUSSO, PT
CLINICAL REHAB SPECIALIST/PT, IPATIENT TEAM LEADER
Bachelor’s degree: Daemen College, Physical Therapy
Specializations: Randy’s 20 years of experience includes adult and geriatric acute care, home-care and outpatient orthopedics/rehabilitation.

HARRY RUSSO, PTA
SENIOR PHYSICAL THERAPY ASSISTANT
Associate’s degree: Maria College, Physical Therapy Assistant
Specializations: Harry offers 14 years of experience in orthopedic and geriatric rehabilitation.
**Occupational Therapy**

**LAUREN DABY, OTR/L, MSOT**
**Occupational Therapist**

Master’s degree: Sage Graduagte School, Occupational Therapy

**Specializations:**
Lauren has experience in pediatric habilitation for minor developmental delay, as well as acute and subacute inpatient rehab.

**KARA L. P. FUMAROLA, OTR/L, MSOT**
**Senior Occupational Therapist**

Master’s Degree: Sage Graduate School, Occupational Therapy

**Bachelor’s Degrees:**
Russell Sage College, Occupational Therapy

**Certifications:**
URI, BS in Human Science and Services

**Specializations:**
Kara offers 21 years of experience with expertise in short term rehab, director of a rehab for 6 years, acute care, early intervention, home care, school based and outpatient hand and upper extremity rehabilitation. She also provides OT for the Aging in Place Safety Program and provides driving-related skills evaluations.

**DANA GRADY, OTR/L, MSOT**
**Senior Occupational Therapist**

Master’s degree: University at Buffalo, Occupational Therapy

**Certifications:**
Dana has nine years of experience in inpatient acute OT, specializing in post cardiac surgery and ICU. As well as subacute inpatient rehab and early intervention.

**JACQUELINE HARRIS, OTR/L, CAPS**
**Clinical Rehab Specialist, OT/Hand Therapy**

**Bachelor’s degree:** SUNY Buffalo, Occupational Therapy

**Certifications:**
Certified Aging in Place Specialist (CAPS)

**Specializations:**
Jacqui offers 30+ years of experience in hand therapy and upper extremity rehabilitation including fabrication and fitting of orthotics for the hand. As a CAPS, she provides services for the RTC’s Aging in Place Safety Program and provides Driving-Related Skills Evaluations.

**PEGGY A. LOUNSIBURY, OTR/L, FAOTA**
**Director, Regional Therapy Center**

**Bachelor’s degree:** Utica College of Syracuse University, Occupational Therapy and Psychology

**Certifications:**
Peggy’s 40+ years of experience in hand rehabilitation, complex and work related injuries and conditions; ergonomic consultation, functional capacity evaluations and work hardening has resulted in state and national recognition for her contributions to the profession. She has been the Director of the Regional Therapy Center since 1994.

**MARY PROSTICK, OTR/L, MSOT**
**Occupational Therapist**

**Bachelor’s degrees:**
Utica College of Syracuse University, Occupational Therapy

**Certifications:**
Mary has 22 years of experience in acute hospital, acute inpatient rehabilitation and home care settings working primarily with older adults after orthopedic, neurologic or other medical compromise.

**BETH A. PURDY, OTR/L**
**Senior Occupational Therapist**

**Bachelor’s degrees:**
Utica college of Syracuse University, Occupational Therapy

**Certifications:**
Beth offers 24 years of experience. She specializes in hand and upper extremity rehabilitation and lympheda management. Also provides OT for the RTC’s Aging in Place Safety Program and provides Driving Related Skills Assessments.

**KATHERINE SHULTZ, OTR/L, MSOT**
**Occupational Therapist**

**Bachelor’s degree:**
Utica College, Occupational Therapy

**Certifications:**
Katherine has experience in outpatient pediatric rehabilitation, as well as acute and subacute inpatient rehab.

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**OCCUPATIONAL THERAPY (CONTINUED)**

**MICHAEL TOWER, OT/L, MSOT, CHT**

**SPECIAL OCCUPATIONAL THERAPIST**

Master's degree: Russell Sage College, Occupational Therapy

Certification:
- HTCC - Certified Hand Therapist

Specializations:
- Offers over 20 years of experience in hand and upper extremity evaluation and treatment, including: post-operative management of reconstructive hand surgery, repetitive stress injuries, custom splinting.
- Mike also has years of experience of neurologic rehabilitation and provides OT for the RTC's Aging in Place Safety Program and Driving-Related Skills Evaluations.

**ATHLETIC TRAINING**

**LISA MUSCATELLO, ATC, PTA, CSCS**

**CERTIFIED ATHLETIC TRAINER & LICENSED PT ASSISTANT**

Master's degree:
- Old Dominion University, Athletic Training

Associate's degree:
- SUNY Canton, Physical Therapist Assistant

Speciality Certification:
- Certified Strength and Conditioning Specialist

Specializations:
- Lisa has 25 years of experience in outpatient orthopedic and sports-specific rehabilitation. She specializes in shoulder and knee rehabilitation. She provides sport-specific performance enhancement and conditioning programs, and conditioning to assist non-athletes to become more active. She also provides pre-habilitation program for pre-operative lower extremity total joint patients.

**CARDIAC & PULMONARY REHAB**

**SUSAN ADAIR, RN**

**CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE**

Associate's degree:
- SUNY Morrisville, Morrisville, NY

Certifications:
- ACLS and telemetry certified, Reiki Master

Specializations:
- Susan has been a registered nurse for 43 years primarily in the area of critical care and cardiac rehabilitation. She is also a Reiki Master.

**LINDA IRISH-SHAW, RN, MSN, CCRN**

**CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE**

Master's degree:
- Excelsior College, MS in Nursing Education

Bachelor's degree:
- Excelsior College, BS in Nursing

Associate's Degree:
- Adirondack Community College, Physical Therapist Assistant

Certifications:
- CCRN: Critical Care Nursing Certification
- ACLS and telemetry certified

Specializations:
- Linda has 15 years of nursing experience, including 5 years of teaching nursing education and 9 years of critical care nursing.

**MARTIKA MARTIN, RN**

**CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE**

Bachelor's degree:
- SUNY Albany – Psychology, Criminal Justice

Associate's degree:
- Hudson Valley Community College

Certifications:
- ACLS and telemetry certified

Specializations:
- Martika has been a registered nurse for 3 years primarily in the area of psychology with experience in both the emergency room and ICU medicine.

**CARDIAC & PULMONARY REHAB (CONTINUED)**

**MARIE SMALLMAN, RRT, CPT**

**CARDIOPULMONARY REHAB SPECIALIST - RESPIRATORY THERAPIST**

Associate's degree:
- Hudson Valley Community College

Certification:
- ACLS and telemetry certified

Specializations:
- Marie has 22 years experience in respiratory therapy, pulmonary function testing and cardiopulmonary rehabilitation.

**SPEECH-LANGUAGE PATHOLOGY**

**ERIN BROWN, CCC-SLP, MSEd**

**SPEECH-LANGUAGE PATHOLOGIST**

Master's degree:
- The College of Saint Rose, Communication Sciences and Disorders

Certifications:
- LSVT Loud™ Parkinson’s Treatment Program

Specializations:
- Erin completed her clinical fellowship in the acute care and outpatient settings. She specializes in assessment and treatment of dysphagia in adults and is skilled in videofluoroscopic swallow studies. She also has experience with acquired speech/language disorders, voice disorders, and pediatric feeding disorders.

**JESSICA L. HIRLIMAN, CCC-SLP, MS**

**SPECIAL SPEECH-LANGUAGE PATHOLOGIST**

Master's degree:
- Emerson College, Communication Sciences and Disorders, Speech-Language Pathology

Certifications:
- LSVT Loud™ Parkinson’s Treatment Program

Specializations:
- Jessica has 12 years of experience in medical speech pathology including: adult swallowing disorders (dysphagia), speech/language disorders, cognitive-linguistic impairments, fluency disorders, and voice dysfunction. She is also skilled in videofluoroscopic swallow studies and has specialized training with head and neck cancer patients. She specializes in treating people living with Parkinson’s Disease. Jessica is also trained in pediatric (new born and older) feeding and swallowing conditions, as well as speech/language impairments.

**PEGGY (MARGARET) MAZZA, CCC-SLP, MS**

**SPECIAL SPEECH-LANGUAGE PATHOLOGIST**

Master's degree:
- Boston University, Sargent College, Speech Language Pathology

Certifications:
- VitalStim® Therapy

Specializations:
- Peggy has over 9 years of experience in medical speech pathology including: adult swallowing disorders (dysphagia), speech/language disorders, cognitive-linguistic impairments, and voice dysfunction. She is highly skilled in videofluoroscopic swallow studies. She is certified in Vital Stim.

**JILLIAN KORB, CCC-SLP, MS**

**SPECIAL SPEECH-LANGUAGE PATHOLOGIST**

Master's degree:
- Towson University, Speech-Language Pathology

Certifications:
- VitalStim® Therapy

Specializations:
- Jillian has 15 years of experience in medical speech pathology including: adult swallowing disorders (dysphagia), speech/language disorders, and cognitive-linguistic impairments. She has extensive training in cognitive-communication disorders following a traumatic brain injury with specialized training in coma recovery. She is also highly skilled in videofluoroscopic swallow studies and has extensive training in swallow and speech rehabilitation with head and neck cancer patients and patients with tracheostomy, vent dependence, and complex pulmonary disorders.

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