



PHYSICAL THERAPY

JOSEPH BATTISTE, PT, MSPT, COMT

MANAGER/RTC, PERFORMANCE IMPROVEMENT & SAFETY

Master's Degree:

Nazareth College, Physical Therapy

Certifications:

Certified Orthopedic Manual Therapist – Maitland Approach

Specializations:

Joe has 16 years of experience. He specializes in joint mobilizations and manipulations for conditions of the spine and extremities. He uses **manual techniques** in conjunction with specific exercises to restore function. He also has advanced coursework in sport specific training of athletes.

JAMES BARTON, PTA

PHYSICAL THERAPIST ASSISTANT

ASSOCIATES DEGREE:

AMARILLO COLLEGE

SPECIALIZATION: :

James has 24 years of experience in orthopedic and geriatric rehabilitation.

BEVERLY BENFER, PT, MSPT

SENIOR PHYSICAL THERAPIST

Masters Degree:

Russel Sage College, Physical Therapy

Certifications:

**Graston Technique Preferred Provider
Rock Tape Certified**

Specializations:

Beverly has over 15 years experience in outpatient therapy for all aspects of diagnoses to include orthopedic and sports medicine, post operative care, geriatric, aquatic therapy. Focus of **manual therapy for myofascial pain and general tissue restrictions** limiting movement using hands on methods to include the **Graston Technique**.

NICHOLAS BROCKWAY, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

University of Miami, Physical Therapy

Certifications:

Certified Lifeguard

Specializations:

Nick has 6 years of experience in orthopedics and sports medicine. He specializes in **aquatic physical therapy for orthopedic, sports medicine, and neurologic patients**.

SARA BROWN, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

Ithaca College

Certifications:

**LSVT Big™ Parkinson's Treatment Program
Certified Yoga Instructor**

Specializations:

Sara has had 3 years of experience in inpatient rehabilitation and long-term care, working with the geriatric population and patients following joint surgeries and hospitalization in the subacute setting.

CHERYL CAIMANO, PT

SENIOR PHYSICAL THERAPIST

Bachelor's degree:

Daemen College, Physical Therapy

Specializations:

Cheryl has over 30 years of experience. Specialties include rehabilitation following joint replacement surgeries, balance dysfunctions, and geriatric acute care. She also specializes in **rehabilitation for breast cancer patients** in acute care and postoperatively in outpatients.

SUSANNE CLARK, PTA

SENIOR PHYSICAL THERAPIST ASSISTANT

Associate's degree:

Maria College, Physical Therapist Assistant

Specializations:

Susanne has over 26 years of experience. Her specialty interests include **orthopedic and sports injury rehabilitation**. She also provides pre-habilitation program for pre-operative lower extremity total joint patients.

MAUREEN CORMIER, PT

MANAGER, RTC OUTPATIENT SERVICES

Bachelor's degree:

Russell Sage College, Physical Therapy

Specializations:

Maureen's 40+ years of experience in **complex orthopedic and sports injuries** of high school, college, professional and **Olympic** athletes, earning placement on medical support team at the 2002, 2006 and 2010 Olympic trials, 2013, 2014 Jr World Cups & 2002 Olympics in Salt Lake City, Utah. PT medical support Boston Marathon Medical Tent.

ALYSON DALTON, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate degree:

SUNY Upstate Medical University, Physical Therapy

Specializations:

Alyson has 6 years of specialized experience in **male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes as well as, abdominal pain and digestive symptoms**. She is Titleist Performance Institute Certified, specializing in **golf related injuries**.

DEVLIN A. DIZACOMO, PT, DPT

PHYSICAL THERAPIST

Doctorate Degree:

Florida Gulf Coast University, Physical Therapy

Specializations:

Devlin has over 2 years of experience working in the inpatient rehabilitation, and outpatient settings. He is experienced in aquatic physical therapy, as well as, manual techniques.

KAREN DONWORTH, PTA

SENIOR PHYSICAL THERAPIST ASSISTANT

Associate's degree:

Maria College, Physical Therapist Assistant

Specializations:

Karen offers over 30+ years of experience in acute and sub-acute rehabilitation, aquatic physical therapy, geriatrics and outpatient care.

KAILEY EGBERT, PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate Degree:

Sage Graduate School, Physical Therapy

Certifications:

**Graston Technique Preferred Provider
Assistant Soccer Coach at College of St. Rose**

Specializations:

Kailey has 9 years of experience in **sports medicine** and orthopedics. She is certified in the **Graston Technique** instrument-assisted soft tissue mobilization. She also is the assistant coach and physical therapist for The College of Saint Rose women's **Soccer** program.

KEVIN ESPERTI, PT, DPT

SENIOR PHYSICAL THERAPIST, TEAM LEADER, RTC MILTON

Doctorate Degree:

Daemen College, Doctor of Physical Therapy Program

Certifications:

Certified USA Baseball Coach

Specializations:

Kevin has 6 years experience **sports medicine rehabilitation** with a specialty in the treatment of **shoulder injuries in overhead athletes**. He also is experienced in treating **vertigo/vestibular disorders**, aquatic physical therapy, industrial and office ergonomics, and cardiopulmonary, geriatric, orthopedic conditions.

GABRIELLA FRITTELLI, PT, MSPT

SENIOR PHYSICAL THERAPIST

Master's degree:

Simmon's Graduate School for Health Professionals, Physical Therapy

Specializations:

Gabriella's more than 20 years of experience includes outpatient orthopedics with emphasis on **manual and exercise techniques** to optimize performance and reduce risk of repetitive injuries. She also is a violinist and offers expertise in **Alexander technique for string musicians**.

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**PHYSICAL THERAPY (CONTINUED)****MARIA FUSCO, PT, DPT, OCS***SENIOR PHYSICAL THERAPIST*

Doctorate Degree:

D'Youville College, Physical Therapy

Certifications:

SportsMetrics™ preferred provider

Selective Functional Movement Assessment

Specializations:

Maria is a board certified **orthopedic clinical specialist** with experience in **orthopedic outpatient injuries/post-surgery and post-op return to sports**. She has an interest in **orthopedic pediatric rehabilitation**. She utilizes a combination of manual techniques and exercises to treat pain and injuries.

PAULA HILL, PT, MSPT, CERT. MDT*CLINICAL REHAB SPECIALIST – PT*

Master's degree:

Beaver College, Physical Therapy

Certification:

McKenzie Method of Mechanical Diagnosis and Therapy

Specializations:

Paula has more than 21 years of experience in the rehabilitation of **orthopedic and spine problems**, including osteoporosis.

MELISSA JACKSON, PT, CLT-LANA*SR. PHYSICAL THERAPIST, TEAM LEADER, RTC SPRINGS*

Bachelor's Degree:

Quinnipiac College, Physical Therapy

Certifications:

ACOLS for Manual Lymph drainage and Complete Decongestive Therapy for Lymphedema

Lymphology Association of North America (LANA):

Certified Lymphedema Therapist

LSVT Big™ Parkinson's Treatment Program

Specializations:

Melissa has over 25 years of experience in outpatient geriatric, orthopedic and neurological conditions as well as trained in treating **lymphedema conditions** and rehabilitation for **breast cancer patients**.

CATHERN LADUKE, PT, DPT*PHYSICAL THERAPIST*

Doctorate Degree:

Sage Graduate School, Physical Therapy

Specializations:

Cate specializes in manual therapy techniques for the treatment of **neurological, orthopedic post-surgical and myofascial pain**.

JASON LAMBERT, PT, DPT*SENIOR PHYSICAL THERAPIST, TEAM LEADER, CARE LANE*

Master's Degree:

SUNY Stony Brook, Physical Therapy

Doctorate Degree:

Stony Brook University School of Health Technology & Management, Physical Therapy

Specializations:

Jason has over 20 years of experience in the rehabilitation field and over ten years of experience as a Physical Therapist. He specializes in **orthopedic rehabilitation**. Jason also specializes in **temporomandibular joint disorder**.

JILLIAN LIMA, PT, DPT*SENIOR PHYSICAL THERAPIST*

Doctorate Degree:

The Sage Colleges, Doctor of Physical Therapy Program

Specializations:

Jillian has eight years of experience. She specializes in **male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes** with particular interest in the **pregnant and post-partum conditions**.

JOSHUA M. LYONS, PTA*PHYSICAL THERAPIST ASSISTANT*

Associate's degree: Herkimer County Community College, PT Assistant

Specializations:

Josh has experience working in the school setting with children with disabilities. He provides pre-habilitation for patients preparing for joint replacements.

STEFANIE MCKINNEY, PT, DPT, MHA*MANAGER, RTC PROGRAM DEVELOPMENT & STUDENTS*

Doctorate degree:

Utica College, Physical Therapy

Master's degree:

Utica College, Physical Therapy

Sage Graduate School, Health Services Administration

Specializations:

Stefanie has 15+ years of experience in adult and geriatric acute care rehabilitation. She specializes in **wheelchair evaluations**.

ANN MARIE MOSKAL, PT, MSPT, CERT. MDT*CLINICAL REHAB SPECIALIST – PT, CLINIC LEADER, MALTA*

Master's degree:

SUNY Upstate Medical University, Physical Therapy

Certifications:

McKenzie Method of Mechanical Diagnosis and Therapy

Specializations:

Ann Marie has 15 years of outpatient orthopedics experience. She specializes in general orthopedics and in the **McKenzie approach** for mechanical diagnosis and treatment for the spine and extremities.

KIMBERLY PALERMO, PT, DPT*PHYSICAL THERAPIST*

Doctorate degree:

Massachusetts General Hospital Institute of Health Professions

Specializations:

Kim has 3 years experience specializing in **lower extremity amputees, spinal cord injuries, strokes and other neurologic conditions**. She also is experienced in orthopedic and **aquatic PT**.

LINDA PAULSEN, PT, MSPT*SENIOR PHYSICAL THERAPIST*

Master's Degree:

Washington University School of Medicine in St. Louis, Physical Therapy

Specializations:

Linda has 20 years of experience and she specializes in **male and female pelvic floor dysfunction related to incontinence, dysfunctional voiding and pain syndromes**.

GERALDINE PFEIFFER, PT, DPT, CLT-LANA*CLINICAL REHAB SPECIALIST – PT*

Upstate Medical University, Doctor of Physical Therapy

Specialty Certification:

Dr. Vodder School of North America: Manual Lymph Drainage and Complete Decongestive Therapy

Lymphology Association of North America (LANA):

Certified Lymphedema Therapist

Specializations:

Geraldine has over 42 years of experience in a variety of treatment and industrial settings, primarily focusing on **outpatient orthopedic and lymphedema conditions**.

THOMAS QUIGLEY, PT, DPT*SENIOR PHYSICAL THERAPIST*

Doctorate Degree:

University of Connecticut, Physical Therapy

Specializations:

Tom specializes in orthopedics, sports rehabilitation, spine/McKenzie method, **vertigo and concussions** and manual therapies. **Expert in sports rehab for rowers**.

RANDY RUSSOM, PT*CLINICAL REHAB SPECIALIST/PT, INPATIENT TEAM LEADER*

Bachelor's degree:

Daemen College, Physical Therapy

Specializations:

Randy's 20 years of experience includes adult and geriatric acute care, home-care and outpatient orthopedics/rehabilitation.

HARRY RUSSO, PTA*SENIOR PHYSICAL THERAPIST ASSISTANT*

Associate's degree:

Maria College, Physical Therapist Assistant

Specializations:

Harry offers 14 years of experience in orthopedic and geriatric rehabilitation.

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PHYSICAL THERAPY (CONTINUED)

BRENDON RYAN PT, DPT

SENIOR PHYSICAL THERAPIST

Doctorate degree:

The Sage Colleges, Physical Therapy

Certifications:

LSVT Big™ Parkinson's Treatment Program

Specializations:

Brendon has 7 years of outpatient orthopedics, sports medicine, return to sports training, Parkinson's Disease and subacute rehab experience.

AJ (ALBERT) SMALL, PT, DPT

PHYSICAL THERAPIST

Doctorate degree:

Nazareth College of Rochester, Physical Therapy

SPECIALIZATIONS:

AJ has over 4 years experience in outpatient orthopedics and sports rehabilitation. He specifically specializes in sports injuries for both Lacrosse and Football Athletes

DONNA SAUSVILLE, PT

SENIOR PHYSICAL THERAPIST

BACHELOR'S DEGREE:

SPRINGFIELD COLLEGE- HEALTH AND FITNESS

MASTER'S DEGREE:

OLD DOMINION UNIVERSITY, PHYSICAL THERAPY

SPECIALIZATIONS:

Donna has over 27 years experience in the acute care setting. She has worked for Saratoga Hospital for a total of 24 years.

HEATHER TARKOS, PT, LMT, CERT. MDT, CLT-LANA

MANGER, RTC CLINICAL STAFFING & PROFESSIONAL DEVELOPMENT

Bachelor's degree:

SUNY Buffalo, Physical Therapy

Massage Therapy Certificate:

Hudson Valley School of Massage, Massage Therapy

Certification:

McKenzie Method of Mechanical Diagnosis and Therapy
ACOLS for Manual Lymph drainage and Complete Decongestive Therapy for Lymphedema
Lymphology Association of North America (LANA):
Certified Lymphedema Therapist

Specializations:

Heather has 25 years of experience in outpatient orthopedic and spine rehabilitation. She utilizes manual joint mobilization techniques and a mechanical and exercise approach to the treatment of joint pain and injuries. Also provides specialized care for Lymphedema conditions.

JUDITH WETTIG, PT, MSPT

SENIOR PHYSICAL THERAPIST

Master's Degree:

D'Youville College

Specializations:

Judy has over 16 years of rehab experience acute care and geriatric rehabilitation. Her experience includes Traumatic brain Injury, stroke rehab, and orthopedic rehabilitation.

ALLEN WILLIAMS, PT, DPT, AIB-VR/CON

SR. PHYSICAL THERAPIST, TEAM LEADER, RTC WASHINGTON STREET

Doctorate Degree:

Utica College, Doctor of Physical Therapy Program

Certifications:

American Institute of Balance:
Vestibular Rehabilitation and Concussion Certified
LSVT Big™ Parkinson's Treatment Program

Specializations

Allen has 8 years of orthopedic outpatient, sports medicine rehabilitation and aquatic physical therapy experience. He has advanced education and training in treating patients with vertigo/vestibular disorders as well as concussion rehabilitation. Allen also specializes in the evaluation and treatment for individuals with Parkinson's disease.

OCCUPATIONAL THERAPY

LAUREN DABY, OTR/L, MSOT

OCCUPATIONAL THERAPIST

Master's degree

Sage Graduate School, Occupational Therapy

Specializations:

Lauren has experience in pediatric habilitation for minor developmental delay, as well as, acute and subacute inpatient rehab.

KARA L. P. FUMAROLA, OTR/L, MSOT

SENIOR OCCUPATIONAL THERAPIST

Master's Degree:

Sage Graduate School, Occupational Therapy

Bachelor's Degrees:

Russell Sage College, Occupational Therapy
URI, BS in Human Science and Services

Specializations:

Kara offers 21 years of experience with experience in short term rehab, director of a rehab for 6 years, acute care, early intervention, home care, school based and outpatient hand and upper extremity rehabilitation. She also provides OT for the "Aging in Place Safely Program" and provides driving-related skills evaluations.

DANA GRADY, OTR/L, MSOT

SENIOR OCCUPATIONAL THERAPIST

Master's degree

University at Buffalo, Occupational Therapy

Specializations:

Dana has nine years of experience in inpatient acute OT, specializing in post cardiac surgery and ICU. As well as subacute inpatient rehab and early intervention.

JACQUELINE HARRIS, OTR/L, CAPS

CLINICAL REHAB SPECIALIST, OT/HAND THERAPY

Bachelor's degree:

SUNY Buffalo, Occupational Therapy

Certifications:

Certified Aging in Place Specialist (CAPS)

Specializations: Jacqui offers 30+ years of experience in hand therapy and upper extremity rehabilitation; including fabrication and fitting of orthotics for the hand. As a CAPS, she provides services for the RTC's Aging in Place Safely Program and provides Driving-Related Skills Evaluations.

PEGGY A. LOUNSBURY, OTR/L, FAOTA

DIRECTOR, REGIONAL THERAPY CENTER

Bachelor's degree:

Utica College of Syracuse University, Occupational Therapy and Psychology

Specializations:

Peggy's 40+ years of experience in hand rehabilitation, complex and work related injuries and conditions, ergonomic consultation, functional capacity evaluations and work hardening has resulted in state and national recognition for her contributions to the profession. She has been the Director of the Regional Therapy Center since 1994.

MARY PROSTICK, OTR/L, MSOT

OCCUPATIONAL THERAPIST

Bachelor's degrees:

Sage Graduate School, Occupational Therapy

Specializations:

Mary has 22 years of experience in acute hospital, acute inpatient rehabilitation and home care settings working primarily with older adults after orthopedic, neurologic or other medical compromise.

BETH A. PURDY, OTR/L

SENIOR OCCUPATIONAL THERAPIST

Bachelor's degrees:

Utica college of Syracuse University, Occupational Therapy

Specializations:

Beth offers 24 years of experience. She specializes in hand and upper extremity rehabilitation and lymphedema management. Also provides OT for the RTC's Aging in Place Safely Program and provides Driving-Related Skills Assessments.

KATHERINE SHULTZ, OTR/L, MSOT

OCCUPATIONAL THERAPIST

Master's degree

Sage Graduate School, Occupational Therapy

Specializations:

Katherine has experience in outpatient pediatric rehabilitation, as well as, acute and subacute inpatient rehab.

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OCCUPATIONAL THERAPY (CONTINUED)

MICHAEL TOWER, OT/L, MSOT, CHT *SENIOR OCCUPATIONAL THERAPIST*

Master's degree:

Russell Sage College, Occupational Therapy

Certification:

HTCC - Certified Hand Therapist

Specializations:

Mike offers over 20 years of experience in **hand and upper extremity evaluation and treatment**, including: post-operative management of reconstructive hand surgery, repetitive stress injuries, custom splinting. Mike also has years of experience of neurologic rehabilitation and provides OT for the **RTC's Aging in Place Safety Program** and **Driving-Related Skills Evaluations**.

ATHLETIC TRAINING

LISA MUSCATELLO, ATC, PTA, CSCS *CERTIFIED ATHLETIC TRAINER & LICENSED PT ASSISTANT*

Master's degree:

Old Dominion University, Athletic Training

Associate's degree:

SUNY Canton, Physical Therapist Assistant

Specialty Certification:

Certified Strength and Conditioning Specialist

Specializations:

Lisa has 25 years of experience in outpatient orthopedic and **sports-specific rehabilitation**. She specializes in shoulder and knee rehabilitation. She provides **sport-specific performance enhancement and conditioning programs**, and conditioning to assist non-athletes to become more active. She also provides pre-habilitation program for pre-operative lower extremity total joint patients.

CARDIAC & PULMONARY REHAB

SUSAN ADAIR, RN *CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE*

Associate's degree:

SUNY Morrisville, Morrisville, NY

Certifications:

ACLS and telemetry certified, Reiki Master

Specializations:

Susan has been a registered nurse for 43 years primarily in the area of critical care and **cardiopulmonary rehabilitation**. She is also a Reiki Master.

LINDA IRISH-SHAW, RN, MSN, CCRN *CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE*

Master's degree:

Excelsior College, MS in Nursing Education

Bachelor's degree:

Excelsior College, BS in Nursing

Associate's Degrees:

Ellis Hospital School of Nursing, Nursing

Adirondack Community College, Physical Therapist Assistant

Certification:

**CCRN: Critical Care Nursing Certification
ACLS and telemetry certified**

Specializations:

Linda has 15 years of nursing experience, including 5 years of teaching nursing education and 9 years of critical care nursing.

MARTIKA MARTIN, RN *CARDIOPULMONARY REHAB SPECIALIST – REGISTERED NURSE*

Bachelor's degree:

SUNY Albany – Psychology, Criminal Justice

SUNY Empire - Nursing

Associate's degree:

Hudson Valley Community College

Certifications:

ACLS and telemetry certified

Specializations:

Martika has been a registered nurse for 3 years primarily in the area of psychology with experience in both the emergency room and ICU medicine.

CARDIAC & PULMONARY REHAB (CONTINUED)

MARIE SMALLMAN, RRT, CPFT *CARDIOPULMONARY REHAB SPECIALIST - RESPIRATORY THERAPIST*

Associate's degree:

Hudson Valley Community College

Certification:

ACLS and telemetry certified

Specializations:

Marie has 22 years experience in respiratory therapy, pulmonary function testing and **cardiopulmonary rehabilitation**.

SPEECH-LANGUAGE PATHOLOGY

ERIN BROWN, CCC-SLP, MSED *SPEECH-LANGUAGE PATHOLOGIST*

Master's degree:

The College of Saint Rose, Communication Sciences and Disorders

Certifications:

LSVT Loud™ Parkinson's Treatment Program

Specializations:

Erin completed her clinical fellowship in the acute care and outpatient settings. She specializes in assessment and treatment of dysphagia in adults and is skilled in video-fluoroscopic swallow studies. She also has experienced with acquired speech/language disorders, voice disorders, and pediatric feeding disorders.

JESSICA L. HIRLIMAN, CCC-SLP, MS *SENIOR SPEECH-LANGUAGE PATHOLOGIST*

Master's degree:

Emerson College, Communication Sciences and Disorders, Speech-Language Pathology

Certifications:

LSVT Loud™ Parkinson's Treatment Program

Specializations:

Jessica has 12 years of experience in medical speech pathology including: **adult swallowing disorders** (dysphagia), speech/language disorders, cognitive-linguistic impairments, fluency disorders, and voice dysfunction. She is also skilled in videofluoroscopic swallow studies and has **specialized training with head and neck cancer** patients. She specializes in treating people living with **Parkinson's Disease**. Jessica is also trained in **pediatric (new born and older) feeding and swallowing conditions**, as well as speech/language impairments.

PEGGY (MARGARET) MAZZA, CCC-SLP, MS *SENIOR SPEECH-LANGUAGE PATHOLOGIST*

Master's degree:

Boston University, Sargent College, Speech Language Pathology

Certifications:

VitalStim® Therapy

Specializations:

Peggy has over 9 years of experience in medical speech pathology including: **adult swallowing disorders** (dysphagia), speech-language disorders, cognitive-linguistic impairments, and voice dysfunction. She is highly skilled in videofluoroscopic swallow studies. **She is certified in Vital Stim**

JILLIAN KORB, CCC-SLP, MS *SENIOR SPEECH-LANGUAGE PATHOLOGIST*

Master's degree:

Towson University, Speech-Language Pathology

Certifications:

VitalStim® Therapy

Myofascial Release of the Head and Neck

Health Professions Teaching and Learning Certificate

from Mass General Hospital Institute of Health Professions

Specializations:

Jillian has 15 years of experience in medical speech pathology including: **adult swallowing disorders** (dysphagia), speech/language disorders, and cognitive-linguistic impairments. She has extensive training in cognitive-communication disorders following a traumatic brain injury with specialized training in coma recovery. She is also highly skilled in videofluoroscopic swallow studies and has extensive training in swallow and speech rehabilitation with head and neck cancer patients and with patients with tracheostomy, vent dependence, and complex pulmonary disorders.

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