

Five questions for Jim Meyer, BS, RN



Posted: 05/07/14, 5:53 PM EDT |

[0 Comments](#)

Jim Meyer, BS, RN, honoring National Nurses Week: He has a Bachelor of Science degree and is a registered nurse who has worked in the intensive care unit, the cardiac catheterization lab and the recovery room. Now he is Saratoga Hospital's bariatric nurse navigator.

1. What did you want to be when you grew up?

I knew I wanted to work in the medical field.

2. How did you get into nursing?

I got my degree at the University of Vermont, then worked in the intensive care unit at Albany Medical Center. Next, I worked in Albany Med's cardiac catheterization lab and in the recovery room. I've just been accepted into the Excelsior College Master's of Science in Nursing program for this fall.

3. What does being a bariatric nurse navigator entail?

I assess and educate patients who will have weight-loss surgery. I deal with insurance companies and with aftercare for the patients. There's something new every day. I personally think we have the best patients. Three days after surgery, most of them are off their diabetes medication. Three months afterward, they often say their lives have completely changed.

4. What do you and your family do for fun?

I'm married, and we have two boys and a small farm full of animals: dogs, cats, fish, chickens we do yard work and take care of the animals.

5. What three adjectives best describe you?

I am understanding, supportive and collaborative.

— By Jennie Grey

If you know an interesting person for the Five Questions feature, email news@saratogian.com or call 583-8729, ext. 217. Past profiles can be viewed at saratogian.com by searching for "5Q."